Contacting OAPS
To make an appointment, please call us at (312) 996-2540. When calling OAPS for the first time, please dial “2” during the introduction to leave a message in the new client voicemail box. Your call will be returned within 1-2 business days. Normal business hours are Monday–Thursday, 9:00 a.m.–5:00 p.m. If you would like more information about our clinic, please visit us at http://psch.uic.edu (click on OAPS Clinic).

Getting to UIC
By Car:
Paid parking is available at UIC lots.
► From the north: Take the Kennedy Expressway (I-90/94) eastbound and keep to the right; take the Adams exit and go west to Morgan St and then south to Harrison St.
► From the west: Take the (I-290) Eisenhower Expressway to the Racine Ave exit and go south on Racine to Harrison St.
► From the east: Take Harrison St or Roosevelt Rd: if you take Roosevelt Rd, go west to Halsted St and turn north to Harrison St.
► From the south: Take the Dan Ryan Expressway (I-90/94) and exit on Roosevelt Rd (1200 south); go west on Roosevelt Rd to Halsted St then go north on Halsted St to Harrison St.

By Bus:
► CTA bus lines serving campus include the 7-Harrison, 8-Halsted, 9-Ashland, 12-Roosevelt, 60-Blue Island/26th, and 157-Streeterville/Taylor.

By Train:
► UIC is served by the CTA Blue Line (UIC-Halsted and Racine stops). The 7 and 60 buses connect commuter rail hubs to the campus. The 60 bus connects with Ogilvie Transportation Center and Union Station, and the 7 bus connects with Union Station.
The Office of Applied Psychological Services (OAPS) is the clinic within the Department of Psychology at the University of Illinois at Chicago (UIC). We offer evidence-based therapy and assessment services. We serve the people living or working in the greater Chicago area, in addition to faculty, staff, and students in the UIC community.

**COVID-19 Policies**

**Temperature Checks**
Current and new clients will be contacted by their clinician one hour before the appointment time to confirm absence of symptoms and a fever. Telehealth sessions will be conducted if current clients are experiencing symptoms of COVID-19 or have a fever. New clients will need to reschedule their intake appointment. Upon arriving to the clinic you will be asked to wash your hands and your temperature will be recorded.

**Physical Distancing**
Individuals are expected to maintain 6 feet of distance from one another at all times while in the clinic.

**Therapy Services**
Using cognitive-behavioral therapy (CBT), acceptance and commitment therapy (ACT), motivational interviewing, dialectical-behavior therapy (DBT), and other evidence-based practices (EBP), OAPS offers therapy for adults, children, families, couples, and groups. Therapy is available for a broad range of problems, including depression, anxiety (panic, social anxiety, phobias), OCD, trauma/PTSD, substance use problems, grief, ADHD, personality disorders, adjustment difficulties, and relationship issues.

**Assessment Services**
OAPS clinicians assess children and adults experiencing difficulties in school or work, challenges in daily living, problems with thinking, and uncertainty in making career decisions. We offer both initial and re-evaluations for specific learning disabilities, intellectual disabilities, attention deficit/hyperactivity disorder (ADHD), and emotional and behavioral problems.

**Fees**
Fees are set with a sliding scale based on income. Current UIC students pay $15/session.

**Clinicians**
Clinicians at OAPS are advanced graduate students in UIC’s PhD Program in Clinical Psychology, which is accredited by the American Psychological Association. Graduate students are supervised by licensed clinical psychologists.

**Clinic Staff**
Director: Jenna Rowen, Ph.D.
Assistant Director: Danielle Baran, Ph.D.
Clinical Assistant Professor: Grace Giedgowd, Ph.D.
Clinic Assistant: Tayler Jones, M.A.
Clinic Coordinator: Legertha Jackson