

**THE UIC DOCTORAL PROGRAM IN  
CLINICAL PSYCHOLOGY:  
STUDENT HANDBOOK**  
Academic Year 2012/2013

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## **The Mission of the Clinical Division**

The UIC Department of Psychology offers an APA-accredited doctoral program in clinical psychology. The mission of the Division of Clinical Psychology is to educate innovative research-oriented scholars. Following the Boulder Model “scientist-practitioner” approach to training, we emphasize the integration of research and clinical work to produce leading researchers who will advance theory, research, and application in the areas of assessment, intervention, etiology, and prevention of psychological and health-related problems. Within this context, practicum training provides experiences that enable students to learn evidence-based assessment and treatment approaches, as well as strategies for the prevention of behavioral problems and the promotion of health. Our educational philosophy emphasizes a scientific and socially responsible approach to clinical psychology, including sensitivity to ethical issues as well as gender, ethnic, and cultural diversity. Our goal is to train students for careers in academic and research settings; we do not aim to train students for careers in private practice or full-time service delivery.

The Clinical program has maintained its APA accreditation continuously since 1974. Should you wish to contact the Committee on Accreditation, here is their address and phone number:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 First Street, N.E.  
Washington, DC 20002-4242  
202.336.5979

The Clinical program is also a member of the Academy of Psychological Clinical Science (<http://acadpsychclinicalscience.org/>) - an alliance of leading, scientifically oriented, doctoral and internship training programs in clinical and health psychology in the United States and Canada.

## **Program Overview**

### *Didactic Training:*

In the first year of graduate study students take didactic courses in Statistics, Interviewing, Psychopathology, Assessment, Research Methods, and either Ethics or Psychotherapy Theory and Research. They also enroll in Brown Bag and Emerging Research Issues. Students enroll in a 1 credit hr. course on how to be a TA. There is also a strongly recommended 1 hr. computing workshop that is offered to first-year students in the Department. Students with substantial experience with data analysis see the 543 instructor for information regarding having this requirement waived.

In the second year, students take a two semester course entitled Practicum in Psychological Assessment, a course in Techniques of Psychological Interventions, and Brown Bag. Students will also take either Ethics or Psychotherapy Theory and Research (whichever they did not take in the first year). These required courses are offered in alternate years, so that all students take one in the second year and the other in the third year. There is also time for electives to begin fulfilling the APA breadth requirement.

In the third year, students take a two semester course entitled Practicum in Clinical Interventions, Brown Bag, and electives. Finally, in the fourth year students take the History of Psychology Course. All courses and course numbers are listed in the Timeline for Graduate Study Table. In both the third and fourth year students take electives to complete the APA breadth requirements.

### *Research:*

In the first year students are expected to write a draft of their master's thesis proposal. The methods course in the Fall semester (Psych 595) addresses research methods and includes progressive, structured assignments that directly related to writing the master's thesis proposal. In the first year, students work closely with their advisors to develop the proposal as part of the Research Apprenticeship (Psych 591). Students should complete the thesis by the end of the second year. The major milestone in the third year is the prelim paper. Following this, in the fourth year, students are expected to propose their dissertations which are carried out in the fourth and fifth years. There is some flexibility in the research timeline depending upon the type of projects that students conduct. In the third and fourth years, required clinical courses are minimized so as to allow time for electives and the conduct of research beyond the minimal research requirements of the Master's, Prelim, and Doctoral projects. Although the Program is designed so that one can complete all requirements in four years, many students elect to take a fifth year to continue publishing and gain specialized practicum experiences in the community.

### *Clinical Work:*

Practicum work in the first year begins with instruction in basic interviewing skills, intake interviews in our clinic, and administration of structured interview protocols. These topics are covered in Psych 481 and 581. In the second year, students enroll in a two semester Practicum in Psychological Assessment (Psych 582), conduct clinical assessments in OAPS, and begin to see therapy clients. In the third year, students conduct therapy in OAPS while enrolled in a formal Psychotherapy Practicum course (Psych 583). Access to a wide variety of practicum and research sites is available to students in the fourth year and beyond. These include Stroger Cook County Hospital, Rush University Medical Center, University of Chicago Medical Center, UIC Institute for Juvenile Research, UIC Neuropsychology, Health Psychology, and UIC Anxiety Disorders Clinics, as well as several Veterans Administration hospitals.

### *Brown Bag:*

The Clinical Division organizes a weekly Brown Bag colloquium series (PSYCH 579), attendance at which is required for all students in the first three years of the Program, and the members of the Clinical faculty attend meetings. Scheduled speakers, topics, and an abstract of the talks are disseminated via email, and also updated weekly on the Department web site. There are several themes represented in the Brown Bag series: research, professional development, supervision and consultation, and diversity issues. Faculty members, outside speakers, and students present the findings of research projects that represent a broad range of topics relevant to the field. It is customary for students to present the results of their Master's theses in Brown Bag. The purpose of the Professional Development theme is to acquaint students with information and issues as they pertain to career options. For instance, outside speakers might discuss how managed care has affected the field of service delivery; career opportunities in business settings and consulting firms; balancing careers and family responsibilities, or the American Disabilities Act. We also use this forum to supplement instruction in topics that cut across course boundaries or fall outside the scope of specific courses, such as consultation and supervision and diversity issues. In addition to the wealth of information communicated in this colloquium series, students and faculty derive a sense of community and shared identity, as it is the only forum within the Clinical Division for all the faculty and students to convene.

### *Teaching*

As our program focuses on the development of individuals who will take on significant leadership roles in academic institutions, we believe that it is important that all students acquire teaching experience. During their enrollment in the graduate program, students are required to do the equivalent of two 50% TA experiences.

## Goals and Objectives

The overall goals, objectives, and specific competencies of our program are listed below.

### 1. Goal: *Our program seeks to train future psychologists who contribute to the scientific knowledge base of clinical psychology.*

This overall objective really lies at the heart of our clinical Ph.D. program. As proponents of the scientist-practitioner model of clinical training, we aspire to have all of our students come to embrace this model as it reflects a reciprocal relationship between science guiding our clinical practice and clinical practice informing the questions we posed in our scientific research.

#### 1.1    **Objective:** *Acquisition of knowledge in the breadth of scientific psychology, including historical perspectives of its foundations and development, its research methods, and its applications.*

➔ **Competencies:**

- 1.1a:** Knowledge of biological bases of behavior;
- 1.1b:** Knowledge of social bases of behavior;
- 1.1c:** Knowledge of cognitive bases of behavior;
- 1.1d:** Knowledge of history and systems of thought in psychology;
- 1.1e:** Knowledge of human development.

#### 1.2    **Objective:** *Acquisition of competence in a core set of research methods, statistics, their ethical application, and the ability to conduct independent and collaborative research.*

➔ **Competencies:**

- 1.2a:** Knowledge of statistics and research design and skills in the scientific and ethical application of this knowledge to research;
- 1.2b:** Knowledge of psychological measurement and skills in the application of this knowledge to research;
- 1.2c:** Skills in the design of research, execution of research, analysis of data, and interpretation of results.

#### 1.3    **Objective:** *Acquisition of knowledge of issues of cultural and individual diversity.*

➔ **Competencies:**

- 1.3a:** Knowledge of research concerning the impact of gender, sex, ethnicity, race, culture, physical disability, and sexual preference on risk of various forms of psychopathology;
- 1.3b:** Knowledge of the impact of cultural identity on access to and of this utilization of service delivery systems;
- 1.3c:** Knowledge of research on the influence of cultural factors on response to interventions;
- 1.3d:** Aware of self and personal values in interacting with culturally different clients.

#### 1.4    **Objective:** *Acquisition of knowledge of the scientific, methodological, and theoretical foundations of the practice and application of clinical psychology.*

➔ **Competencies:**

- 1.4a:** Knowledge of individual differences in behavior, including developmental aspects;
- 1.4b:** Knowledge of the bases, measurement, and treatment of psychopathology;
- 1.4c:** Knowledge of professional standards and ethics;
- 1.4d:** Knowledge of evidence-based approaches to psychological assessment and treatment;
- 1.4e:** Acquisition of skills necessary to evaluate the efficacy of specific interventions.

**2. Goal: *Our program seeks to educate psychologists who are competent in the practice and application of clinical psychology.***

Our objectives contained within this goal include the training of our students to competence in knowledge and skills related to psychological assessment and diagnosis, psychological intervention, ethical and legal issues, clinical supervision (both as a recipient and a provider) and issues related to individual and cultural diversity in clinical practice.

**2.1    Objective: *Training of students to competency in knowledge and skills related to interviewing, assessment, and diagnosis.***

➔ **Competencies:**

- 2.1a:** Proficiency in the psychometric and ethical bases of assessment;
- 2.1b:** Knowledge of DSM diagnoses and skill in the diagnosis of clients;
- 2.1c:** Proficiency in administering well-validated and widely used instruments that assess intellectual functions, achievement, psychopathology, and basic neuropsychological functioning.

**2.2    Objective: *Training of students to develop knowledge and skills related to the proficient administration of psychosocial interventions, as well as to fully utilize clinical supervision.***

➔ **Competencies:**

- 2.2a:** Knowledge of the skills necessary to establish and maintain a working alliance with clients;
- 2.2b:** Knowledge of the skills necessary to develop case formulations and treatment plans based on assessment data and knowledge of evidence-based treatments;
- 2.2c:** Knowledge of evidence-based clinical practices, techniques, and treatments and skills in the delivery of evidence-based treatment;
- 2.2d:** Knowledge of the skills necessary in the provision of clinical supervision.

**2.3    Objective: *Acquisition of knowledge of, and sensitivity to, cultural and individual diversity, and skill in the application of this knowledge to service delivery.***

➔ **Competencies:**

- 2.3a:** Knowledge of ethical codes and standards, as well as statutes and regulations;
- 2.3b:** Development of an attitude of respect for others' standards, practices and beliefs related to health and psychological functioning;

**2.3c:** Knowledge of the skills necessary in utilizing cultural context in the diagnosis of psychopathology.

3. **Goal:** *Our program seeks to train our students to a high level of competence in the integration of the science and practice of clinical psychology.*

- 3.1 **Objective:** *Students develop attitudes for life-long learning, scholarly inquiry, and professional problem-solving as clinical psychologists in the context of an evolving body of scientific and professional knowledge.*

➔ **Competencies:**

**3.1a:** Demonstration of an ability to think in meaningful and creative ways about the mutually enriching relationship between research and practice;

**3.1b:** An ability to think critically about empirically supported (and other influential) treatments, identify gaps in existing knowledge, and recognize what needs to be done to fill those gaps (e.g., treatment development studies, effectiveness and efficacy research, research based case histories, and qualitative and discovery oriented research);

**3.1c:** An ability to think critically about current empirical findings treatments and to generate their own ideas about clinically relevant research;

**3.1d:** An ability to let questions and issues that arise in the clinical realm form the bases for subsequent research investigation.

## TIMELINE FOR GRADUATE STUDY

### TIMELINE FOR DEGREE:

#### **YEAR 1**

**Research:** Develop and propose master's thesis

**Clinical Work:** In conjunction with psychology 481, students will conduct interviews of adults from the subject pool. In conjunction with 581 students will observe and conduct intake interviews in OAPS.

#### **Required Courses:**

##### **FALL**

| <u>Course #</u> | <u>Course Name</u>                                  | <u>Credit hours</u> |
|-----------------|---|---------------------|
| 591             | Research Apprenticeship                             | 2 hrs.              |
| 595             | Methods & Measures in Clinical Psychology           | 3 hrs.              |
| 571             | Psychopathology                                     | 3 hrs.              |
| 481             | Interviewing  | 1 hr.               |
| 543             | Research Design & Analysis                          | 4 hrs.              |
| 579             | Current Topics in Clinical Psychology ("Brown Bag") | 1 hr.               |
| 508             | Colloquium on the Teaching of Psychology (Optional) | 1 hr.               |
| 507             | Emerging Research Issues                            | 1 hr.               |
| 541             | * Introduction to Computing in Psychology           | 1 hr.               |

\* Students with substantial experience with data analysis see 543 instructor for information regarding having this requirement waived.

##### **SPRING**

| <u>Course #</u>   | <u>Course Name</u>  | <u>Credit Hours</u> |
|---|---|---------------------|
| 591   | Research Apprenticeship   | 3 hrs.              |
| 581   | Practicum in Interviewing   | 1 hr.               |
| 545   | Multivariate Analysis   | 3 hrs.              |
| 579   | Current Topics in Clinical Psychology ("Brown Bag")                           | 1 hr.               |
| 584   | **Practicum for Clinical Trainees on Assessment,<br>Intervention and Research | 2 hrs.              |
| 507   | Emerging Research Issues  | 1 hr.               |
| <i>If offered, take 575 or 577. If neither is offered, take a course to fulfill breadth or minor.</i> |   |                     |
| 575 or  | Psychotherapy Theory and Research (575) or                                    | 3 hrs.              |
| 577   | Ethics and Professional Development (577)                                     | 3 hrs.              |

\*\*(Note: Whenever a student is involved in clinical work, he/ she must enroll in PSYCH 584 to receive liability coverage from the University. There are no meetings or reading assignments in 584.)

\*\*\* (Note: For full-time status, a minimum of 9 credit hours must be taken each semester.)

## **YEAR 2**

**Research:** Conduct master's research and defend master's thesis

**Clinical Work:** OAPS Year 2 Practicum\*:

**Required Courses:**

### **FALL**

| <u>Course #</u> | <u>Course Name</u>  | <u>Credit hours</u> |
|-----------------|---|---------------------|
| 598             | M.A. Thesis   | 3 hrs.              |
| 582             | Practicum in Psychological Assessment                                       | 3 hrs.              |
| 574             | Techniques of Psychological Interventions                                   | 3 hrs.              |
| 584             | Practicum for Clinical Trainees on Assessment,<br>Intervention and Research | 2 hrs.              |
| 579             | Current Topics in Clinical Psychology ("Brown Bag")                         | 1 hr.               |

Electives to complete Minor or APA Breadth Requirements 3-6 hrs.

### **SPRING**

| <u>Course #</u> | <u>Course Name</u>  | <u>Credit hours</u> |
|-----------------|---|---------------------|
| 598             | M.A. Thesis   | 3 hrs.              |
| 582             | Practicum in Psychological Assessment                                       | 3 hrs.              |
| 584             | Practicum for Clinical Trainees on Assessment,<br>Intervention and Research | 2 hrs.              |
| 579             | Current Topics in Clinical Psychology ("Brown Bag")                         | 1 hr.               |

*If offered, take 575 or 577*

|        |  |        |
|--------|--|--------|
| 575 or | Psychotherapy Theory and Research (575) or | 3 hrs. |
| 577    | Ethics and Professional Development (577)  | 3 hrs. |

Electives to complete Minor or APA Breadth Requirements 3-6 hrs.

\*Practica are highly individualized according to the readiness of the student. However, students typically conduct six psychodiagnostic assessment cases over the calendar year (including summer), and per the discretion of the Division, many students take a therapy client during the 2nd year. See Clinical Training section for more information.

## **YEAR 3**

### **Research: Propose and Defend Prelim**

- Clinical Work:** 1) OAPS Year 3 Practicum\*  
2) Turn in petition for external practicum for year 4, if desired.

### **Required Courses:**

#### **FALL**

| <u>Course #</u> | <u>Course Name</u>  | <u>Credit Hours</u> |
|-----------------|---|---------------------|
| 598             | M.A. Thesis   | 1 hr.               |
| 583             | Practicum in Clinical Interventions   | 4 hrs.              |
| 584             | Practicum for Clinical Trainees on Assessment,<br>Intervention and Research | 2 hrs.              |
| 579             | Current Topics in Clinical Psychology (“Brown Bag”)                         | 1 hr.               |
|                 | Electives to complete Minor or APA Breadth Requirements                     | 3-6 hrs.            |

#### **SPRING**

| <u>Course #</u>                     | <u>Course Name</u>  | <u>Credit Hours</u> |
|-------------------------------------|---|---------------------|
| 598                                 | M.A. Thesis   | 1 hr.               |
| 583                                 | Practicum in Clinical Interventions   | 4 hrs.              |
| 584                                 | Practicum for Clinical Trainees on Assessment,<br>Intervention and Research | 2 hrs.              |
| 579                                 | Current Topics in Clinical Psychology (“Brown Bag”)                         | 1 hr.               |
|                                     | Electives to complete Minor and APA Breadth Requirements                    | 3-6 hrs.            |
| <i>If not yet taken, 575 or 577</i> |   |                     |
| 575 or                              | Psychotherapy Theory and Research (575) or                                  | 3 hrs.              |
| 577                                 | Ethics and Professional Development (577)                                   | 3 hrs.              |

\*Practica are highly individualized according to the readiness of the student. However, Students typically see 2 assessment cases and hold full load of 4 therapy clients. See Clinical Training section for more information.

## **YEAR 4**

**Research Timeline:** Propose dissertation

- Clinical Work:** 1) Practicum at OAPS or external practicum  
2) Turn in petition for external practicum for year 5, if desired

### **Required Courses:**

#### **FALL**

| <u>Course #</u> | <u>Course Name</u>  | <u>Credit Hours</u> |
|-----------------|---|---------------------|
| 599             | Dissertation Hours  | 4-10 hrs.           |
| 505             | Advanced History of Psychology<br>(may be offered in the spring rather than fall) | 3 hrs.              |
|                 | Electives to complete Minor and APA Breadth Requirements                          | 3-9 hrs.            |
| 584**           | 12 hr. externship strongly recommended  | 1-4 hrs.            |

#### **SPRING**

| <u>Course #</u> | <u>Course Name</u>                                       | <u>Credit Hours</u> |
|-----------------|--|---------------------|
| 599             | Dissertation Hours                                       | 4-10 hrs.           |
|                 | Electives to complete Minor and APA Breadth Requirements | 3-9 hrs.            |
| 584             | 12 hr. externship strongly recommended                   | 1-4 hrs.            |

## **YEAR 5**

**Research Timeline:** Defend Dissertation

- Clinical Work:** 1) Apply for internship  
2) Practicum at OAPS or external practicum (optional)

**Courses:** Complete any requirements, including teaching, not yet met.

## **APA Breadth Requirements**

Because the field of clinical psychology rests on a foundation of basic psychological science, it is important that you have a strong grounding in areas outside the substantive and applied aspects of clinical psychology. Accordingly, APA and State licensing boards require that you have meaningful exposure to certain specified content areas. The required courses in the clinical curriculum cover some of these areas (e.g., “individual differences,” and are not listed below), but courses outside of the Division are required. More specifically, students must take courses that address the following topic areas: developmental psychology, social psychology, cognitive-affective bases of behavior, and biological bases of behavior. Listed below are course offerings that can be taken to fulfill each of these domains of study. This list is not exhaustive and you are encouraged to consult with the Director of Clinical Training to receive permission to take a course that is not on the list, but that would appear to satisfy a requirement in one or another of the Breadth domains. Because some licensing boards will literally review transcripts to assure that Breadth courses appear on the transcript, and the titles of some courses may be ambiguous with respect to their content, **it is imperative that you save all course syllabi forever!** We offer the following courses as guidelines. Any of these courses will fulfill the Division’s APA Breadth requirement. However, there is no guarantee that a licensing board will accept a given course as fulfilling their requirements. Please consult with the Division about a particular course. Submitting the syllabus to us, before you enroll, would be invaluable.

Menu of courses that qualify for the APA Breadth Requirement

### Biological Bases of Behavior:

- Psychology 462: Advanced Physiological Psychology
- Psychology 483: Neuroanatomy
- Psychology 485: Neuroscience II
- Psychology 564: Clinical Psychopharmacology
- Psychology 568: Seminar in Biopsychology

*[note: course content varies by semester and is subject to verification by clinical faculty]*

### Cognitive-Affective Bases of Behavior:

- Psychology 457: Cognitive Psychology of Skill and Knowledge Acquisition
- Psychology 455: Cognitive Psychology of Thinking

### Social Bases of Behavior:

- Psychology 415: Social Bases of Health Behavior
- Psychology 512: Attitudes and Social Cognition

### Developmental Psychology

- Psychology 526: Lifespan Development

## **The Minor**

All students must select a minor area of concentration by the end of the third semester. This involves completing a form regarding the minor that can be obtained from the graduate secretary. As stated in the

*Handbook for Graduate Study*, “The purpose of requiring a Minor is to assure that students are broadly exposed to bodies of knowledge and skills outside their major area that may help to improve the quality of their scholarship and research. Although this exposure is not as extensive as the training a student receives in a major Division, the Minor educates a student about the core literatures, theories, and research methods of that area. There are four types of Minors that students have the option of completing: (a) Divisional Minors; (b) Special Topics Minors (Statistics, Methods and Measurement; Psychology and Law), (c) Student Designed Curriculum Minors, and (d) the Breadth Minor.

The clinical division faculty strongly encourage students to select the Breadth minor, which consists of four course - the three APA required Breadth courses covering cognitive and affective bases of behavior, social bases, and biological bases, and the course in lifespan development. Please refer to the *Graduate Handbook* for the course requirements for Divisional and Special Topics Minors. The Student Designed Minor consists of either four courses or three courses and two semesters of Brown Bags outside of the Clinical Division. There are several things to keep in mind if you choose to declare this sort of Minor. First, this Minor is expected to have some relation to either your program of research or your career goals. Second, courses that count toward any type of Minor may also be used to fulfill the APA Breadth Requirement. Third, students are expected to consult with their academic advisor when selecting a Minor and, especially, when designing one's own Minor.

## **Annual Evaluations**

Every year, the clinical division evaluates all students with respect to their research productivity and contributions, coursework, clinical work and professional development. The Director of Clinical Training, in conjunction with all clinical faculty members, send a feedback letter describing the results of the evaluations to each student. In accordance with the APA policy on the “Comprehensive Evaluation of Student-Trainee Competence in Professional Psychology Programs,” faculty and supervisors will evaluate students’ competence in areas other than, and in addition to, coursework, seminars, scholarship, prelims, and program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient (a) interpersonal and professional competence (e.g., the manner in which student-trainees relate to clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one's own beliefs and values on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c) openness to processes of supervision (e.g., the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning); and (d) resolution of issues or problems that interfere with professional development or functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by the successful completion of remediation plans; by participating in personal therapy in order to resolve issues or problems). A full statement of the APA policy on the “Comprehensive Evaluation of Student-Trainee Competence in Professional Psychology Programs” can be found on page 23.

## **Preliminary Examination: Policy and Procedures**

### Policy

The Clinical Preliminary Examination consists of two parts: a written paper by the student and a faculty review of your academic and clinical progress in the program. The paper may be a data- based, journal-format article or a literature review. In either case, the paper should demonstrate clear relevance to the

field of clinical psychology. In addition, one important function of the paper is to provide you with an opportunity to gain a publication. You should be the sole author of the Prelim paper. However, the published version may be co-authored. If the paper is associated with a collaborative effort with a faculty member on a book chapter, literature review, or study, it is not acceptable to submit a co-authored manuscript as the final product. In other words, the paper must be a “stand alone” document by which we can evaluate your ability to think and write independently. Your faculty advisor will give you feedback on the proposal, and your advisors and others will address specific questions you raise during the process of writing the paper; however, the final paper is written independently. The second aspect of the Preliminary examination consists of an evaluation, by the Division, of your entire academic and clinical performance to date, from entrance to the program to the completion of the Prelim paper. If notable deficits are identified, the Division will decide whether to require remediation or deny admission to doctoral candidacy.

### Procedures

1. You should submit a 3-5 page, single spaced proposal to all members of the clinical faculty. The nature of the project will determine the content of the proposal. If the paper is a literature review, the proposal should include the following elements: a brief summary of what is known about the field, a description of what we need to know, and a description of how the review will move the field forward. If the project is an empirical study, the proposal should include a brief introduction including hypotheses (2 pages), a description of the study design, measures, and participants (two pages), and an overview of the data analyses. All proposals should address the paper’s relation to the student’s master’s thesis and a time line for completion of the project. The Prelim paper should not be a minor variation of the thesis, but may be part of a program of research. The project should take one to two semesters to complete.
2. Members of the Division will discuss the proposal and decide whether to accept the proposal as submitted, reject the proposal as inconsistent with the Division’s Prelim policy, or offer suggestions for changes. In the latter case, you may be asked to resubmit a revised proposal or it may be recommended that you work with the Oversight Committee to address the issues raised by the Division. If a resubmission of the proposal is requested, the feedback letter from the DCT should be attached.
3. Upon Division approval of the proposal, the Director of Clinical Training will appoint a three-person Oversight Committee that will be responsible for reading the paper. When submitting the paper to the Committee, all correspondences with the Division (or DCT) pertaining to the approval of the paper should be attached. The Chairperson of the committee will convey to you the committee’s evaluation. In addition, the final paper must be submitted in a format ready for submission. If the paper is a literature review, please consult relevant journals (e.g., Clinical Psychology Review, Psychological Bulletin) for formatting directions.
4. When the Oversight Committee approves the paper, the Division will convene to receive the comments of the Committee and review your academic and clinical performance.
5. The Director of Clinical Training will provide you with the Division’s decision about passing the Preliminary examination.
6. The Oversight Committee and two members of the Clinical Division will sign official documents for the Graduate College.

### **Clinical Training**

The applied aspect of clinical training is accomplished through a series of practica experiences that begin in the first year and progress by way of case complexity and level of time commitment. Three years of clinical training are required.

Students receive their required training at the Office of Applied Psychological Services (OAPS), our in-house clinic, which is located on the third floor of the Behavioral Sciences Building. The first semester of Year 1, students enroll in Interviewing (481) and learn basic interviewing skills with a nonclinical population. The following semester, a second interviewing course (PSYCH 581) brings them into contact with a clinical population, in which Intake interviews are conducted under the mentorship of an advanced student and supervision of a faculty member. We expect that you will spend, on average, 2-4 hours a week in direct client contact, supervision, staffing, and report writing.

**Beginning with second semester of the first year, students should enroll in Psychology 584 which provides malpractice insurance. They should enroll in this course every semester during which they are seeing clients.**

In Year 2, students enroll in a year-long Assessment practicum, with a didactic component (PSYCH 582), in which the major focus is on the administration and interpretation of intellectual, personality, neuropsychological, and psychopathology tests, as well as behavioral assessments. Students are also afforded the opportunity to conduct therapy in Year 2, usually with one or two clients. The primary training focus in Year 3 is on interventions, with a weekly didactic component (PSYCH 583). The time demand for training in Years 2 & 3 is expected to be, on average, 10-12 hours a week, including supervision, with 6 full assessments to be completed in Year 2 and an ongoing case load of 4 clients in Year 3 as well as 2 additional assessments. Practicum training takes place year round. Students are expected to continue their clinical activities at OAPS over the summer. The primary theoretical and technical emphasis of our Program is Cognitive-Behavioral, consistent with our focus on evidence-based treatments. Ethics is covered in the context of didactic practicum courses. In addition, the Department offers a required course in Ethics.

Students who wish to do a practicum in the fourth year or beyond, should submit a request to the division, following the procedures outlined below in the section on External Practica.

#### Malpractice Insurance and Psychology 584

**Students MUST enroll in Psychology 584 every semester during which they see clients.** Typically, this means that students enroll continuously in this course from the second semester of the first year until they complete graduate studies. We also STRONGLY recommend that students get malpractice insurance from APA. Student rates are available (<http://www.apait.org/apait/products/studentliability/>).

#### The Office of Applied Psychological Services (OAPS)

OAPS is the main site for clinical training in Years 1-3. The clinic serves a diverse population from the Chicago metropolitan area. Part of the mission of OAPS is to provide training consistent with the mission of the Program. First, this means that students receive clinical training in evidence based approaches to assessment and treatment. Second, OAPS offers training in areas related to faculty research. For example, assessments and treatments designed for clients with health problems, perhaps in collaboration with staff at the Medical Center, complement the Health Psychology specialization in the Department.

Students are supervised by faculty members and, as needed, adjunct faculty. In a sense, the clinic is the laboratory of the Clinical Program and faculty involvement is viewed as essential to provide a learning environment that maintains coherence with the values and mission of the Program.

Dr. Dassoff serves as Director of OAPS and has responsibilities that are discussed with students at the Fall semester orientation. In general, the director initiates and responds to referral sources to facilitate client flow, identify rich, educational opportunities for clinical work, provide direct clinical supervision and assures that all of the supervision at OAPS is of the highest quality. Supervisory coverage is available throughout the year. The clinic does not close during semester breaks, although it does close for official holidays. Some advanced graduate students are selected to serve as paid Clinic Assistants and help in the running of the clinic, thus receiving valuable experience useful for entry to post-graduate administrative positions.

An updated clinic handbook devoted to policies and procedures of OAPS, including sample reports and therapy notes, is located on the department website under handbooks <http://portal.psch.uic.edu/Clinical/Shared%20Documents/Forms/AllItems.aspx>. Please refer to that handbook for more specific questions regarding the operation of OAPS outside of the division requirements.

### Practica Arrangements Outside of the Department

OAPS is the practicum site for students in the first three years of the clinical program. **A completed MA thesis is a prerequisite for applying for an externship.** Most Chicago sites require a formal application, letters of reference, and an interview. The application process and deadlines are specific to the institution, but interviews take place in February. Students applying for externship are required to submit a list of possible sites to the division **two months** before they apply to the externships and complete a “Request to Apply for Externship Form” (see Appendix I). Students are strongly advised to select sites that require **no more than 12 hours/week**. The site must provide supervision by a Ph.D. psychologist, espouse evidenced-based practices, and provide adequate supervision (approximately 2 hours/week). Students will need to procure a signed letter of agreement from the site, indicating that these conditions will be met. This is available from the DCT.

The faculty will review students’ requests in light of each student’s progress through the program, the relationship between the training provided at the externship, the student’s research and career goals, and the student’s other ongoing clinical activities, including Research Assistantships with clinical responsibilities. Students who would like to be considered for practica requiring more than 12 hours/week **must** be up to date on all program requirements. Students who participate in an outside practicum will also be asked to sign a release form allowing us to exchange information with the practicum supervisor regarding students’ performance in the clinical program and the practicum. Students will also need to get a signed Affiliation Agreement between the site and the University of Illinois. This agreement can be downloaded at

<http://www.obfs.uillinois.edu/common/pages/DisplayFile.aspx?itemId=922123>

Nancy Dassoff will coordinate off-campus practica experiences, all of which will require at least one letter of recommendation from a supervisor at OAPS. The most valuable source of information about the day-to-day experiences at any given site comes from advanced students who have worked there. A list of externship sites is found in Appendix II. The sites on the list are ones which students have attended in the past or come highly recommended. If you are interested in any other sites, please let us know, and we will work with you to determine whether the site is acceptable. All students doing an outside practicum **must** enroll in PSYCH 584 so that liability coverage is assured.

### Grades for Psychology 584

A “pass” in psychology 584 is contingent upon up-to-date record keeping at OAPS, and turning in clinical supervisors’ student evaluations each semester.

### Tracking Clinical Hours

Internships require that students report the number of hours of practicum training they have had during graduate training. There are several commercial programs available for tracking these hours on line. *Time 2 Track* has received good reviews from current students. You may enroll at the group rate (currently \$33/year), if you purchase your membership through OAPS.

### **Social Networking Policy**

Social networking opportunities have become increasingly common in our private and professional lives. Given that social networking is by its nature public and highly visible, clinicians must consider the impact of this information on their professional communication and image. The UIC Clinical Division has an interest in how clinicians present themselves professionally. Therefore, the Division has developed the following policy for all clinical students. In this policy, you will find two parts: first, what you should know about social networking; and second, the Division’s rules and guidelines for social networking.

(This policy is adapted from policies at University of Kansas and University of South Dakota.)

What you should know:

Many students have personal websites; Facebook, Twitter, and Linked-In pages; blogs; email signature lines and status messages (i.e., G-chat); and voicemail messages that are entertaining and reflect their personal preferences and personalities. However, these electronic media may be accessed or used in ways that extend beyond their original intent. What may seem to be fun, informative, and candid might actually put the student and, by extension, the UIC Clinical Psychology program, UIC, and/or the profession in a bad light.

The Council of University Directors of Clinical Psychology (CUDCP) has shared information with member programs concerning the potential implications of information clinical graduate students share in various electronic modalities. This information includes the following:

- Some internship programs conduct web searches on applicants’ names before inviting applicants for interviews and before deciding to rank applicants in the match.
- Clients may conduct web-based searches on trainees’ names and find information about therapists (and may decline to come to clinics based on what they find).
- Employers sometimes conduct on-line searches of potential employees prior to interviews and job offers.
- Legal authorities are looking at websites for evidence of illegal activities. Some *prima facie* evidence may be gained from websites such as photographs, but text may also alert authorities to investigate further.
- A student’s postings on a variety of listservs (psychology or otherwise) might reflect poorly on the student and the student’s program.
- Although signature lines are ways of indicating your uniqueness and philosophy, one is not in control of where the emails will end up and might affect how others view you as a professional. Quotations

- on personal philosophy, religious beliefs, and political attitudes might cause unanticipated adverse reactions from other people.
- Greetings on answering machines and voicemail messages that might be entertaining to your peers, express your individuality, and might be indications of your sense of humor may also not portray you in a positive professional manner. If you ever use your cell phone or home telephone for professional purposes (research, teaching, or clinical activities), be sure your greeting is appropriate and professional in demeanor and content.

#### OAPS Rules and Guidelines for Social Networking:

The following rules and guidelines apply to all students in the Clinical Division. If questions emerge about specific situations and/or rules, please consult the Director of Clinical Training or a Clinic Assistant. Students are strongly advised to do the following:

- Block clients, students, research participants, and other professional contacts from seeing email status messages (i.e., G-chat) and personal photographs.
- Conduct periodic Google searches on yourself to find out what information can be accessed about you on the Internet.
- Remove nonacademic or nonprofessional electronic signatures from emails sent to clients, students, research participants, and other professional contacts. Use your UIC email address to contact clients and others for UIC and OAPS-related business.
- Set website privacy settings to highest privacy settings available (i.e., “Friends only”) on Facebook, Twitter, and other social networking websites. Monitor these privacy settings periodically to ensure that privacy settings previously selected remain intact.
- Make sure that voicemail greetings to which professional contacts have access remain professional.
- Never become a “friend” of a therapy or testing client online, thereby enabling them to access personal information about you.

#### **Internship**

In order to successfully complete the requirements of the Clinical Division, an internship is required. We strongly urge students to only consider APA approved internships. This not only provides some evidence of quality control, it is consistent with the mission of the Clinical Program. In addition, many states require an APA approved internship for licensure, and most academic clinical positions require an APA approved internship. Nevertheless, UIC does not require students to complete an internship to receive the Ph.D. in Psychology, but only students who have successfully completed the requirements of the Clinical Division, including an internship, can claim they have graduated from an approved clinical program. Students who graduate without an internship get a Ph.D. in psychology from UIC, but are considered “drop outs” from APA’s perspective, and can not claim to have a clinical degree. Students who apply for internship will need to sign an agreement allowing communication between the internship and the clinical program regarding the student’s performance.

#### Applying for Internship

**To apply for internship you must have an approved dissertation proposal by October 1 of the year in which you intend to submit the application. Absolutely no exceptions to this deadline will be made.**

Most of the APA approved internships are listed in the Association of Psychology Postdoctoral and Internship Centers (APPIC) Directory. The Clinical Program is a member of APPIC and,

consequently, students can purchase the Directory at a reduced cost. APPIC internship application forms are available online at <http://www.appic.org/>

Neither our Program, APA, nor internships specify a minimum number of total clinical hours prior to applying for the pre-doctoral internship. Sometimes students make the mistake of thinking that the more clinical hours they accrue, the more likely it is to obtain the internship of their choice. In point of fact, it is the nature of the clinical hours, the quality of the graduate program, and, of utmost importance, the match between your experiences and goals and those of the particular internship site that help you match with the internship of your choice. Over the years, our students have been very successful in obtaining their top choices, likely because they are mindful to apply to sites that share the values of our Program. In addition, although there are many excellent internship sites in Chicago, there is obvious merit in applying nationally, thereby not geographically restricting oneself.

The number of clinical hours our students accrue is quite variable, but typically falls within a range of 600– 1400 total hours with 450 – 800 direct contact hours. The Council of University Directors of Clinical Psychology Programs recommends a minimum of 450 face-to-face hours of assessment/intervention and at least 150 hours of supervision. You are required to keep a running count of your clinical activities from the beginning of the second semester of Year 1 (PSYCH 581). Bear in mind that you can count clinical activities, even if they do not occur in the context of a course. For example, some students receive supervision of clinical work in the context of a Research Assistantship, or by helping a friend interview research participants. Activities that are conducted with a clinical population and involve ongoing supervision from a Ph.D. level psychologist count as direct contact hours on the APPIC form.

Internship programs associated with APPIC use identical forms (some have additional forms as well) that ask for the nature and amount of clinical activity, which includes supervision. The APPIC web site has the form for downloading and we suggest you familiarize yourself now with the form to aid you in how to organize the counting of your clinical experiences as you progress through the program.

Finally, some sites will request a testing report or case summary. It is a good idea to seek permission from clients while you are seeing them and it is essential to remove all identifying information from reports you submit to internship sites. You do not need permission from your clients to discuss your clinical experiences during a placement interview.

### Dissertation Defense and Internship

Most State licensing boards require that the internship be construed as a predoctoral experience. For this reason, it is ultimately in your best interest to time graduation to coincide with the end of your internship. You may, however, defend your dissertation at any time during your internship, in which case you will submit the necessary paperwork with the Graduate College so that your official graduation date is post-internship. Of course, the ideal situation is to have the dissertation written before leaving campus so that you can devote exclusive attention to the time demands of the internship.

### Registration

1. University policy requires students to be registered from the time they pass their prelim until they defend their dissertation with the possible exception of summer semester. Students must be registered during the semester that they defend their dissertation. Summer registration is not required unless you are seeing clients (and thus need to register for 584) or defending your dissertation.
2. Although you have to be registered the semester of the final defense, you don't need to be registered the semester you graduate.
3. If you choose to register while on internship, there is a relatively inexpensive way to do so. You register for zero credit hours under Option A or Option B (see below). All coursework must be

completed beforehand, any petitions that need to be filed must be completed, and the graduate coordinator has to review your file to make sure that you have met all course requirements.

*Option A: Zero Hour Registration*

Option A is for students using UIC facilities. It includes Health Services and costs roughly twice as much as Option B. This is for advanced students who have completed all course requirements, and who have undergone a course credit check in the department, and who are using university facilities (library, computers, health service, UIHMO insurance). These students pay tuition for zero hours plus fees. A University Tuition and Fee Waiver is less costly to students than registration under Option A. Students who are awarded a tuition and fee waiver must maintain registration for 9 hours in Fall and Spring semesters.

*Option B: Zero Hour Registration*

This option is for students who aren't using UIC facilities. It costs around \$500. These students are typically living outside of Illinois. These students pay tuition for zero hours only, and not for fees. Students actually pay slightly less to register for zero hours under this option compared with a tuition and fee waiver.

Note that zero hour petitions are due in the Graduate College by the 5<sup>th</sup> day of the Fall or Spring semester, and prior to the start of the Summer semester. That means you must begin the process before school begins in order to obtain the necessary signatures and meet the deadline. In addition, students must complete the departmental credit check prior to petitioning for zero hours. Please consult with the Graduate Coordinator (BSB 1063) well in advance!

## **Requirements of the Clinical Division Minor**

As a student in the Clinical Division you would, naturally, never minor in clinical psychology. For students outside the Division, here are the requirements of the Clinical Division Minor.

### **Required courses (One course from each of three core areas, plus 579)**

#### *Psychopathology:*

Psychology 571: Advanced Psychopathology

#### *Basic Concepts and Assessment:*

Psychology 595: Methods and Measures in Clinical Psychology

#### *Interventions:*

Psychology 574: Techniques of Psychological Intervention

Psychology 575: Psychotherapy Theory and Research

Psychology 579 (2 semesters): Current Topics in Clinical Psychology (“Brown Bag”)

## **Information About Graduate Studies in Psychology at UIC**

In addition to this *Clinical Division Student Handbook*, which is specific to the Clinical Division, there exist several other sources of essential information. Do not rely solely on this *Handbook* to learn about the Graduate program. The most important source of information is the *Handbook for Graduate Study in Psychology*. It contains virtually everything you need to know about Department policies, procedures, deadlines, facilities, course requirements and funding. It also includes information regarding Due Process Policy (under Student Disciplinary Procedures) and Grievance Procedures. If you have a question about the graduate program, the odds are that the answer is in this document. Updates to the *Handbook for Graduate Study in Psychology* can be found at the Department’s web site:

<http://www.psch.uic.edu>, under Academics/Graduate Program/Handbooks and Documents. A statement of the Psychology Department’s Grievance Procedures also appears as a separate document under the heading “other documents”.

The Department also maintains a listserve (“Psychall”), which includes all faculty and graduate students. Important announcements are communicated through the listserve. Another important source of information is the Graduate College website, available at: <http://grad.uic.edu/cms/>. The website includes information about scholarships, travel awards, courses available in various Departments, and includes important information about Graduate College guidelines and policies. There is also a *Student Orientation Week Handbook* that everyone receives during the week of orientation, just before the first semester of Year 1. This document includes useful information from the specific (where to get office keys, a campus ID, etc.) to the general (fitness and sports facilities, tours of Chicago, and so on). Finally, the Clinical Division maintains a web page that lists Division faculty, their areas of research, and representative publications. These pages are accessible via the Department web site (see above link) under Divisions/Clinical.

## **Commonly Asked Questions About Licensure**

*Before entering UIC’s Program I was engaged in fee-for-service clinical activity. May I continue to offer services?*

No. Ethical and legal considerations preclude students from maintaining an independent practice, even if licensed to do so (e.g., Certified Alcohol Counselor, Social Worker, Marriage

and Family Counselor, etc.). If you think your situation is unique (e.g., management consultant), please discuss it with your advisor.

*Does UIC's Program provide all the course and practicum experiences necessary for licensure in all States?*

No! It is impossible for any one Program to meet the changing requirements of 50 licensing boards. We do, however, provide training that is acceptable to Illinois' board. If you plan to seek licensure in another State, be sure to apprise yourself of that State's requirements.

## **Disability Services**

The Clinical Division of the Department of Psychology recognizes that graduate students with disabilities may need additional support in graduate school. Some students may need additional resources, accommodations and modifications to curricula, program expectations (i.e. timelines), classroom, office and lab space, and program related equipment. Many of these needs can be accommodated through the UIC Office of Disability Services, however, some specialized accommodations (e.g., modification of clinic resources) are handled through the department. Although the division will make every effort possible to accommodate the diverse needs of students, it remains the student's responsibility to communicate these needs to the department. We recommend that students with special needs or disabilities meet with the Director of Clinical Training, the Director of Graduate Studies, and their academic advisor early in their first semester in order to work collaboratively to develop an individualized plan in which the student can make adequate academic progress. Graduate students with disabilities may seek additional academic support and resources from the UIC Office of Disability Services: Office of Disability Services (M/C 321), 1200 West Harrison Street (1190 SSB), Chicago, IL 60607; 312 413-2183; Voice 312 413-0123; TTY 312 413-7781

## **The Comprehensive Evaluation of Student-Trainee Competence in Professional Psychology Programs<sup>1</sup>**

### **II. Model Policy**

Students and trainees in professional psychology programs (at the doctoral, internship, or postdoctoral level) should know—prior to program entry, and at the outset of training—that faculty, training staff, supervisors, and administrators have a professional, ethical, and potentially legal obligation to: (a) establish criteria and methods through which aspects of competence other than, and in addition to, a student-trainee's knowledge or skills may be assessed (including, but not limited to, emotional stability and well being, interpersonal skills, professional development, and personal fitness for practice); and, (b) ensure—insofar as possible—that the student-trainees who complete their programs are competent to manage future relationships (e.g., client, collegial, professional, public, scholarly, supervisory, teaching) in an effective and appropriate manner. Because of this commitment, and within the parameters of their administrative authority, professional psychology education and training programs, faculty, training staff, supervisors, and administrators strive not to advance, recommend, or graduate students or trainees with demonstrable problems (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) that may interfere with professional competence to other programs, the profession, employers, or the public at large.

As such, within a developmental framework, and with due regard to the inherent power difference between students and faculty, students and trainees should know that their faculty, training staff, and supervisors will evaluate their competence in areas other than, and in addition to, coursework, seminars, scholarship, comprehensive examinations, or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient: (a) interpersonal and professional competence (e.g., the ways in which student-trainees relate to clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one's own beliefs and values on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c) openness to processes of supervision (e.g., the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning); and (d) resolution of issues or problems that interfere with professional development or

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<sup>1</sup> This document was developed by the Student Competence Task Force of the Council of Chairs of Training Councils (CCTC) (<http://www.apa.org/ed/graduate/cctc.html>) and approved by the CCTC on March 25, 2004. Impetus for this document arose from the need, identified by a number of CCTC members, that programs in professional psychology needed to clarify for themselves and their student-trainees that the comprehensive academic evaluation of student-trainee competence includes the evaluation of intrapersonal, interpersonal, and professional development and functioning. Because this crucial aspect of academic competency had not heretofore been well addressed by the profession of psychology, CCTC approved the establishment of a "Student Competence Task Force" to examine these issues and develop proposed language. This document was developed during 2003 and 2004 by a 17-member task force comprised of representatives from the various CCTC training councils. Individuals with particular knowledge of scholarship related to the evaluation of competency as well as relevant ethical and legal expertise were represented on this task force. The initial draft of this document was developed by the task force and distributed to all of the training councils represented on CCTC. Feedback was subsequently received from multiple perspectives and constituencies (e.g., student, doctoral, internship), and incorporated into this document, which was edited a final time by the task force and distributed to the CCTC for discussion. This document was approved by consensus at the 3/25/04 meeting of the CCTC with the following clarifications: (a) training councils or programs that adopt this "model policy" do so on a voluntary basis (i.e., it is not a "mandated" policy from CCTC); (b) should a training council or program choose to adopt this "model policy" in whole or in part, an opportunity should be provided to student-trainees to consent to this policy prior to entering a training program; (c) student-trainees should know that information relevant to the evaluation of competence as specified in this document may not be privileged information between the student-trainee and the program and/or appropriate representatives of the program.

functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by the successful completion of remediation plans; by participating in personal therapy in order to resolve issues or problems).

This policy is applicable to settings and contexts in which evaluation would appropriately occur (e.g., coursework, practica, supervision), rather than settings and contexts that are unrelated to the formal process of education and training (e.g., non-academic, social contexts). However, irrespective of setting or context, when a student-trainee's conduct clearly and demonstrably (a) impacts the performance, development, or functioning of the student-trainee, (b) raises questions of an ethical nature, (c) represents a risk to public safety, or (d) damages the representation of psychology to the profession or public, appropriate representatives of the program may review such conduct within the context of the program's evaluation processes.

Although the purpose of this policy is to inform students and trainees that evaluation will occur in these areas, it should also be emphasized that a program's evaluation processes and content should typically include: (a) information regarding evaluation processes and standards (e.g., procedures should be consistent and content verifiable); (b) information regarding the primary purpose of evaluation (e.g., to facilitate student or trainee development; to enhance self-awareness, self-reflection, and self-assessment; to emphasize strengths as well as areas for improvement; to assist in the development of remediation plans when necessary); (c) more than one source of information regarding the evaluative area(s) in question (e.g., across supervisors and settings); and (d) opportunities for remediation, provided that faculty, training staff, or supervisors conclude that satisfactory remediation is possible for a given student-trainee. Finally, the criteria, methods, and processes through which student-trainees will be evaluated should be clearly specified in a program's handbook, which should also include information regarding due process policies and procedures (e.g., including, but not limited to, review of a program's evaluation processes and decisions).

## **Clinical Division Members and Research Interests**

### **Evelyn Behar**

Assistant Professor

[behar@uic.edu](mailto:behar@uic.edu)

(Pennsylvania State University, 2005)

Anxiety disorders (especially GAD, PTSD, and panic), psychophysiological correlates of emotion and psychopathology, thought suppression, comorbidity, psychotherapy outcome research.

### **Nancy Dassoff**

Clinical Assistant Professor; Director of OAPS

[Ndassoff@uic.edu](mailto:ndassoff@uic.edu)

(University of Illinois at Chicago, 1992)

### **Laurence G. Grimm**

Associate Professor Emeritus

[lgrimm@uic.edu](mailto:lgrimm@uic.edu)

(University of Illinois at Urbana-Champaign, 1979)

Affect intensity: validation and relation to psychopathology.

### **Ellen Herbener**

Associate Professor of Psychology and Psychiatry

[eerbener@psych.uic.edu](mailto:eerbener@psych.uic.edu)

(Harvard University, 1993)

Abnormalities in emotional functioning in schizophrenia, fMRI studies of emotional memory in schizophrenia, depressed, and health subjects; impact of emotion on long-term potentiation in schizophrenia and health subjects.

### **Lara Jakobsons**

Visiting Research Assistant Professor

[jakobson@uic.edu](mailto:jakobson@uic.edu)

(Florida State University, 2008)

Examining contexts that support reading success and learning among elementary students from diverse ethnic backgrounds in high-poverty schools; the development of evidence-based, comprehensive service models that promote reading, motivation, and task-focused behavior among students at risk for reading problems and living in urban poverty

### **Jon Kassel**

Professor

[jkassel@uic.edu](mailto:jkassel@uic.edu)

(University of Pittsburgh, 1995)

Drugs' effects on emotion and attention, individual differences in drug dependence, cognitive models of depression, anxiety, and drug use.

### **David J. McKirnan**

Associate Professor Emeritus

[davidmck@uic.edu](mailto:davidmck@uic.edu)

(McGill University, Canada, 1978)

Behavioral medicine; health psychology; AIDS-related behavior; sex roles and sexual orientation; social psychological aspects of alcohol and drug abuse/use; cognitive processes in motivation and behavior change; field research methodology.

**Robin J. Mermelstein**

Professor

*robinm@uic.edu*

(University of Oregon, 1984)

Behavioral medicine; smoking cessation; health psychology; cancer prevention; health promotion, ecological momentary assessment.

**Karina Reyes**

Associate Professor

*kreyes@uic.edu*

(DePaul University, 1989).

Director of Graduate Studies. Community and Prevention Research Minority education; community psychology; adolescence; resilience and protective factors in high-risk urban minority children and adolescents; the role of peer and other social support in academic adjustment; prevention of high-risk behaviors.

**Stewart Shankman**

Associate Professor, Director of Clinical Training (DCT)

*stewarts@uic.edu*

(Stony Brook University, 2005)

Neurobehavioral mechanisms and correlates of depression and anxiety; classification of psychopathology.

**Roger Weissberg**

NoVo Foundation Endowed Chair in Social and Emotional Learning

*rpw@uic.edu*

(University of Rochester, 1980)

NoVo Foundation Endowed Chair in Social and Emotional Learning. Professor of Psychology and Education; President, Social and Emotional Learning (SEL) Research Group. School-family-community partnerships to promote positive youth development; Prevention of high-risk behaviors; urban children's mental health; educational leadership; assessment of social and emotional learning; social policy and children.

For additional information about members of the Clinical Division, please refer to our web site:

<http://www.psch.uic.edu/clinicalfaculty.asp>.

**Faculty Affiliated with the Clinical Division**

**Marc Atkins**

Professor of Psychology in Psychiatry

*atkins@uic.edu*

(Florida State University, 1985)

School-based mental health services for children in urban poverty; models for effective community mental health services; dissemination of evidence-based practices

**Dina Birman**

Associate Professor

*dbirman@uic.edu*

(University of Maryland, 1991)

Acculturation, adaptation, and school adjustment of refugee and immigrant children, adolescents, and families. Developing and studying school and community based mental health interventions for immigrant and refugee children. Ethnic and racial identity.

**Bette Bottoms**

Professor

*bbottoms@uic.edu*

(SUNY at Buffalo, 1992)

Psychology and law, children's eyewitness testimony, jury decision making, child abuse and neglect, allegations of repressed memory

**Daniel Cervone**

Professor

*dcervone@uic.edu*

(Stanford University, 1985)

Social Cognition and Personality; Perceived Self-Efficacy; Goal Setting and Self-Regulation; Affect and Cognition

**Melissa Lamar**

Associate Professor of Psychology in Psychiatry

*mlamar@psych.uic.edu*

(Drexel University, 1999)

Dr. Lamar's research at UIC focuses on identifying factors disrupting neurocircuitry associated with the prefrontal cortex and the impact these factors have on executive dysfunction and depression in an aging population.

**Amy West**

Assistant Professor of Psychology in Psychiatry

*awest@psych.uic.edu*

(University of Virginia, 2004)

Childhood mood disorders, particularly pediatric bipolar disorder; family-focused psychosocial treatment, CBT; child intervention research, treatment mechanisms; suicide; developmental psychopathology of child mood and anxiety disorders, temperament; community-based participatory research, cultural adaptations of evidence-based treatments, American Indian youth.

## **APPENDIX I – Request to apply for Externship**

### **REQUEST TO APPLY FOR AN EXTERNSHIP**

Name: \_\_\_\_\_

Advisor: \_\_\_\_\_

Year in Program: \_\_\_\_\_

1. Have you successfully defended your MA thesis? Yes No
2. If you haven't defended your thesis, what is your expected date of completion?  
\_\_\_\_\_
3. Do you have any incomplete or deferred grades in the program? Yes No  
If yes, please explain
4. Are you participating in clinical activities outside of the externship (e.g. paid positions, research assistantships with significant clinical components)? If "yes", please give details
5. Below please list the externship sites that interest you. For each site, include the following information:
  - a. Name of site:
  - b. Hours/week required:
  - c. Hours of supervision/week:
  - d. Degree of supervisors (Ph.D., Psy.D., MSW):
  - e. Therapeutic approaches:

## **APPENDIX II – Externship Sites**

### Externship Sites for UIC Clinical Psychology Students

#### **Hines VA**

- Address: Psychology Service (116B), Hines VA Hospital, Hines, IL 60141
- Contact person: Kathleen O'Donnell, Ph.D.
  - Phone number: (708) 202-2466
  - Fax number: (708) 202-2687
  - Email: kathleen.odonnell@va.gov
- Description: There are three practica opportunities: neuropsychological assessment; geriatrics and rehabilitation; and trauma services. Patients are primarily male veterans, but there are also opportunities with female veterans, couples, family, and significant others.

#### **The Isaac Ray Forensic Group**

- Address: 200 S. Michigan Avenue Suite 710, Chicago, IL 60604
- Contact person: Diana S. Goldstein, Ph.D., ABPP/CN
  - Phone number: (312) 212.9500 x102
- Description: Forensic neuropsychology practicum opportunity that gives students the opportunity to evaluate criminal defendants, civil plaintiffs, worker compensation claimants, law enforcement agents and impaired professionals, as well as learn interviewing and assessment techniques relevant to the forensic setting. Risk assessment, malingering, psychological and neuropsychological assessment, DSM-IV-TR diagnosis and report writing are critical aspects of the casework.
- Practicum requirements: Advanced training is required. A neuropsychology externship is a must prior to this experience. Students must also have completed medical neuroanatomy, neuropsychology and neuropsychological assessment courses.

#### **Jesse Brown VA**

- Address: Psychology Section 116B, Jesse Brown VAMC, 820 S. Damen, Chicago, IL 60612
- Contact person: Eric Van Denburg, Ph.D.
  - Phone number: (312) 569-7218
- Description: Mental health clinic provides the extern with experience in psychotherapy, psychological interviewing, and psychological testing for a veteran population with diverse ages, races, and diagnoses.

#### **Mount Sinai Hospital, Child and Adolescent Psychiatry & Behavioral Health**

- Address: Mt. Sinai Hospital Medical Center, NR-513, California at 15<sup>th</sup>, Chicago, IL 60608
- Contact person: Sheela Raja, Ph.D.
  - Phone number: (312)-413-0559
  - Email: sraja1@uic.edu
- Description: Assessment and therapy for patients with HIV.

#### **Rush Hospital, Child, and Pain and Oncology Centers**

- Address: 1653 W. Congress Parkway; Chicago, IL 60612.

- Contact person (Psychosocial Oncology): Janine E. Gauthier, Ph.D. (Janine\_E\_Gauthier@rush.edu)
  - Phone number: (312) 942-8709
- Description: Assessments of adult cancer patients with co-morbid psychosocial issues. Opportunities to collaborate in research. Limited opportunities for therapy.
- There may be opportunities in other departments (i.e. pain clinic, pediatric services, etc) – please contact those departments directly for more information.

### **Stroger/Cook County Hospital, Adult & Child Tracks**

- Address (Adolescent Psychiatry): 700 South Wood Street, Chicago, IL 60612
- Address (Adult Psychiatry): 1901 W. Harrison, Fantus Psychiatry Clinic, Chicago, IL 60612
- Contact person (Adolescent psychiatry): Rocco Domanico, Ph.D.
  - Phone number: (312) 633-7878
- Contact person (Outpatient Treatment Facility): Jonathan Weinberg, Psy.D.
  - Phone number: (312) 864-6490
- Description: Variety of opportunities to work with children and adults of underserved populations.

### **University of Chicago Externships**

#### *Adult Neuropsychology Externship*

- Supervisors: Maureen Lacy, Ph.D. & Joseph Fink, Ph.D., ABPP/ABCN.
- <http://psychiatry.uchicago.edu/page/adult-neuropsychology-externship>
- The Adult Neuropsychology program at UCMC receives inpatient and outpatient requests for assessment and treatment from several departments and clinics within UCMC, as well as from private referral sources and school settings. These referrals span the entire list of adult neuropathological entities such as aphasia, epilepsy, degenerative disorders, tumors, learning disabilities, and traumatic brain injury. The experience focuses on the selection, administration, and scoring of neuropsychological tests, as well as in formulating test interpretations and communicating test results through written reports and oral presentations. Outpatient evaluations are typically conducted in day-long (seven hour) sessions. The intensive nature of these assessment sessions provides an opportunity to learn in a more in-depth fashion about different types of neuropsychological syndromes as well as to participate in case formulation and plan test selection. Externs will also be exposed to intracarotid amytal (WADA) testing used in prospective neurosurgical patients.
- Adult neuropsychology externs devote 16-20 hours per week for a full year, starting on July 1st and ending June 30th. The extern is required to spend one day per week (Monday, Tuesday, Wednesday or Thursday) in clinic interviewing patients, and administrating, scoring, and interpreting neuropsychological test instruments, along with writing reports. All externs must also attend Friday's didactic series which is an all-day series of educational conferences, seminars, and group supervision. Topics covered include:
- Contact: Maureen Lacy, Ph.D.  
Associate Professor, Psychiatry & Behavioral Neuroscience  
ATTN: Clinical Psychology Externship Selection Committee  
Department of Psychiatry, MC 3077  
The University of Chicago Medical Center

5841 S. Maryland Avenue  
Chicago, IL 60637-1470

#### *Child and Adolescent Psychotherapy Externship*

- Supervisor: Tina Drossos, Ph.D.
- <http://psychiatry.uchicago.edu/page/child-and-adolescent-psychotherapy-externship>
- Externs will receive training in conducting intake/diagnostic interviews, and formulating a developmentally appropriate case conceptualization including diagnoses and recommendations for treatment. Externs will also be expected to provide ongoing outpatient psychotherapy services to child and adolescent referrals, and their parents. Externs will carry a caseload of 6-8 patients. Presenting problems typically include mood and anxiety disorders, externalizing behavior problems, and adjustment disorders. Given our affiliation with and referrals from the University of Chicago Comer Children's Hospital, externs will also have the opportunity to see patients with somatoform disorders and patients who are experiencing difficulty adjusting to a chronic illness. Treatment will predominantly be provided utilizing a cognitive-behavioral orientation; however, externs will also gain experience using alternate theoretical perspectives (i.e., family systems, interpersonal).
- Externs are expected to be available 16-18 hours per week. Start date is July 1, 2010.
- Contact: Tina Drossos, Ph.D. Assistant Professor  
Department of Psychiatry & Behavioral Neuroscience  
The University of Chicago  
5841 S. Maryland Ave, MC 3077  
Chicago, IL 60637.

#### *Advanced Psychotherapy Externship*

- Supervisor: [Shona N. Vas, Ph.D.](#)
- <http://psychiatry.uchicago.edu/page/advanced-psychotherapy-externship>
- Clinical Responsibilities:
  1. Semi-structured diagnostic evaluations for adults presenting with symptoms of major Axis I and II disorders, with a focus on mood and anxiety disorders.
  2. Individual psychotherapy: 8-10 outpatient cases per week treatment will be delivered using evidence-based practices.
  3. Group psychotherapy: Co-facilitator for a psychotherapy group (e.g. dialectical behavior therapy skills, CBT for depression and anxiety) depending on referrals.
- Training Activities:
  1. Individual supervision: One hour with licensed clinical psychologist (and possible additional hour with advanced graduate student).
  2. Group supervision: 1 hour per week
  3. Case conferences: Attendance optional (1 hour per week)
- Requirements:
  1. 16-20 hours per week.
  2. Attendance on Tuesdays is mandatory for team meeting and CBT seminar.
  3. Master's degree and enrollment in doctoral program in clinical/counseling psychology.
  4. Previous psychotherapy experience.
  5. Training year runs from July 1st, 2011 to June 30th 2012.

- Contact: Shona N. Vas, Ph.D.  
Assistant Professor  
Director, Cognitive-Behavior Therapy Program  
Department of Psychiatry & Behavioral Neuroscience  
University of Chicago  
5841 S. Maryland Ave, MC 3077  
Chicago, IL 60637.

*Eating Disorders Program*

- Contact: Andrea Goldschmidt ([goldschmidta@uchicago.edu](mailto:goldschmidta@uchicago.edu))
- <http://psychiatry.uchicago.edu/page/eating-disorders-program-1>
- **Bariatric Surgery Externship:** The University of Chicago's Center for Surgical Treatment of Obesity (CSTO) program has been designated as an America Society for Bariatric Surgery Center of Excellence, indicating that we meet the highest standards in bariatric surgery. The CSTO is comprised of a multidisciplinary team of surgeons, nurses, dietitians, and psychologists working to evaluate and follow up with bariatric surgery patients. The psychology team has an integral role in making recommendations to surgery candidates and to the CSTO team regarding patient readiness for surgery; and conducting research on psychosocial factors relevant to bariatric surgery candidates. Externs have the opportunity to gain valuable clinic and research experience working with bariatric surgery patients. Externs are expected contribute approximately 15 hours per week to the bariatric surgery team.

*Pediatric Neuropsychology Program*

- Supervisor: Scott Hunter, Ph.D.
- <http://psychiatry.uchicago.edu/page/pediatric-neuropsychology-program>
- **The Externship in Pediatric Neuropsychology** has been designed to offer an appropriate balance between general training in relevant aspects of pediatric psychology, including the understanding of medical illnesses and developmental disorders, and their impact on psychosocial functioning, and specialized training in the identification and diagnosis of neurodevelopmental disorders and their assessment within pediatric neuropsychology. To this end, the **Pediatric Neuropsychology Service** at the University of Chicago offers comprehensive training in how to conduct brief and comprehensive evaluations of children and adolescents with suspected or known neurocognitive dysfunction. In order to meet training goals, externs become proficient in test administration, scoring, and interpretation, and are trained and certified as Neuropsychology Technicians for the Service, responsible for carrying out a number of important aspects of the evaluation process.
- Contact: Dr. Scott Hunter  
Pediatric Neuropsychology  
Department of Psychiatry & Behavioral Neuroscience  
University of Chicago  
5841 S. Maryland Ave., MC 3077  
Chicago, IL 60637

**UIC Anxiety Disorders Clinic**

- Address: UIC Department of Psychiatry, Stress and Anxiety Disorders Clinic, 912 S. Wood (MC 913), Chicago, IL 60612

- Contact person: Cheryl Carmin, Ph.D.
  - Phone number: (312) 413-1225
  - E-mail: [ccarmin@psych.uic.edu](mailto:ccarmin@psych.uic.edu)
- Description: Clinic offers structured CBT therapy for adult outpatients with anxiety disorders.

### **UIC Child Psychiatry/Pediatric Mood Disorders Clinic**

- Address: Institute for Juvenile Research at UIC, 1747 W. Roosevelt Rd., Rm. 155 M/C 747, Chicago, IL
- Contact person: Amy West, Ph.D., L.C.P.
  - Phone number: (312) 996-1077
  - E-mail: [awest@psych.uic.edu](mailto:awest@psych.uic.edu)
- Description: The clinic's mission is to design, deliver, and develop state-of-the-art mental health interventions for children and families with disruptive behavior disorders and co-morbid problems. The clinic provides a range of evidence-based clinical psychology services for children, adolescents, families and groups.

### **UIC Health Psychology**

- Address: UIC Psychiatry, Health Psychiatry, 912 S. Wood (MC 913), Chicago, IL 60612
- Contact person: Eric Prensky, Ph.D.
  - Phone number: (312) 413-5795
  - E-mail: [eprensky@psych.uic.edu](mailto:eprensky@psych.uic.edu)
- Description: Health psychology rotations with adults who are primarily outpatients.

### **UIC Institute for Juvenile Research/HALP Clinic**

- Address: Institute for Juvenile Research, Department of Psychiatry (MC 747), 1747 W. Roosevelt Rd., University of Illinois at Chicago, Chicago, IL 60608
- Contact person: Mark Stein, Ph.D., ABPP
  - Phone number: (312) 996-5797
  - E-mail: [mstein@uic.edu](mailto:mstein@uic.edu)
- Description: Practicum is 80% diagnostic and 20% therapy for child, adolescent, and adult populations.

### **UIC Institute for Juvenile Research/Disruptive Behaviors Clinic (DBC)**

- Address: Institute for Juvenile Research, Department of Psychiatry, University of Illinois at Chicago (MC 747), 1747 West Roosevelt Road, Rm. 155
- Contact person: Jaleel K. Abdul-Adil, Ph.D. ([jabdul@psych.uic.edu](mailto:jabdul@psych.uic.edu))
- Phone number: (312) 413-1371
- E-mail: [jabdul@psych.uic.edu](mailto:jabdul@psych.uic.edu)
- Description: Use a developmental-ecological approach for the treatment of children with Oppositional Defiant Disorder, Conduct Disorder, and co-morbid disorders in addition to psychiatric, familial, and child welfare issues.

### **UIC Neuropsychology (Adult & Child Tracks)**

- Address: University of Illinois, Neuropsychology Division, 912 S. Wood St. (MC 913), Chicago, IL 60612
- Contact person: Neil Pliskin, Ph.D., ABPP-CN
- Phone number: (312) 996-6217

- E-mail: npliskin@uic.edu
- Description: Develop and refine skills in the neuropsychological assessment of adult and pediatric inpatients and outpatients drawn from the medical center's Departments of Psychiatry, Neurosurgery, Neuropsychiatry, Rehabilitation, Neurology, Geriatrics, Pediatrics, and Medicine, as well as from outside referral sources and school settings.

### **Rehabilitation Institute of Chicago – Primary Site**

- Address: 345 Superior St., Room 358 C, Chicago, Illinois 60611
- Contact person: Eric Larson, Ph. D.
- E-mail: [elarson@ric.org](mailto:elarson@ric.org)
- Description: Diagnostic interviewing and cognitive screening (including neuropsychological assessments), short-term individual and/or family therapy, multidisciplinary team consultation, access to various didactic experiences within the hospital campus (e.g., grand rounds, multi-disciplinary clinical in-services). Students will be assigned to two or more clinical services for the entire duration of their training (e.g., Mondays on the Brain Injury Unit and Wednesdays on the Spinal Cord Injury Unit.)
- Requirements: Seeking second or third year graduate students who have already completed an initial practicum experience in either treatment or assessment and who has an interest in work with a medical population. Practicum will require a commitment of 16-20 hrs. per week for 10-12 months

### **Rehabilitation Institute of Chicago – Chronic Pain Program**

- Address: 980 N. Michigan Ave., #800, Chicago, Illinois 60611
- Contact person: Patricia Cole, Ph. D.
- E-mail: [pcole@ric.org](mailto:pcole@ric.org)
- Description: Training in diagnostic interviewing, short-term individual and group therapy with an emphasis on psycho-educational interventions, cognitive psychotherapy and behavior treatment of pain syndromes.
- Requirements: Seeking second or third year graduate students who have already completed an initial practicum experience in either treatment or assessment and who has an interest in work with a medical population. Practicum will require a commitment of 16-20 hrs. per week for 10-12 months

### Additional sites from Clinical Practica binder:

- Chicago Children's Advocacy Center (Chicago, IL)
- Children's Memorial Hospital (Chicago, IL)
- DePaul University – Child/Parent Program (Chicago, IL)
- University of Chicago, Behavioral Medicine/Substance Abuse Clinic (Chicago, IL)