

## Contacting OAPS

To make an appointment, please call us at (312) 996-2540. When calling OAPS for the first time, please dial “2” during the introduction to leave a message in the new client voicemail box. Your call will be returned within 2 business days. Normal business hours are Monday–Thursday, 9:00 a.m.–5:00 p.m. If you would like more information about our clinic, please visit us at <http://psch.uic.edu> (click on OAPS Clinic).

## Getting to UIC

### *By Car:*

Paid parking is available at UIC lots.

► *From the north:* Take the Kennedy Expressway (I-90/94) eastbound and keep to the right; take the Adams exit and go west to Morgan St and then south to Harrison St.

► *From the west:* Take the (I-290) Eisenhower Expressway to the Racine Ave exit and go south on Racine to Harrison St.

► *From the east:* Take Harrison St or Roosevelt Rd: if you take Roosevelt Rd, go west to Halsted St and turn north to Harrison St.

► *From the south:* Take the Dan Ryan Expressway (I-90/94) and exit on Roosevelt Rd (1200 south); go west on Roosevelt Rd to Halsted St. then go north on Halsted St to Harrison St.

### *By Bus:*

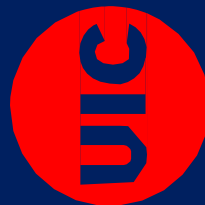
► CTA bus lines serving campus include the 7-Harrison, 8-Halsted, 9-Ashland, 12-Roosevelt, 60-Blue Island/26th, and 157-Streeter/Union Station.

### *By Train:*

► UIC is served by the CTA Blue Line (UIC-Halsted and Racine stops). The 7 and 60 buses connect commuter rail hubs to the campus. The 60 bus connects with Ogilvie Transportation Center and Union Station, and the 7 bus connects with Union Station.

## Diversity, Equity, and Inclusion Vision Statement

UIC’s OAPS clinic is committed to centering anti-oppressive practices in our approach to client care and training. As part of the OAPS team, we encourage self-reflection, open discussion, and education about the privilege we, as clinicians, hold and how this privilege may impact the treatment process and our clients’ experiences. We acknowledge that the field of psychology and mental health care interventions have often been designed by and for people in the majority who hold power. There is much work our field must do to repair the impacts of injustice and oppression on our clients and community. While we hope these values are embedded in our daily actions, we also know that upholding these values takes thoughtful attention, self-awareness, ongoing reflection, and actionable steps.



OAPS CLINIC  
Department of Psychology (MC 285)  
3011A Behavioral Sciences Building  
1007 West Harrison Street  
Chicago, Illinois 60607-7137

# OFFICE OF APPLIED PSYCHOLOGICAL SERVICES



Department of Psychology (MC 285)  
3011A Behavioral Sciences Building  
1007 West Harrison Street  
Chicago, Illinois 60607-7137  
Intakes: 312-996-2540  
<https://psch.uic.edu> (Click on OAPS Clinic)

# The Office of Applied Psychological Services

*The Office of Applied Psychological Services (OAPS) is a mental health clinic in the Psychology Department at the University of Illinois Chicago (UIC). We offer therapy and psychological assessment services using approaches that are based on scientific theory and supported by scientific evidence. OAPS serves both the UIC community, including faculty, staff, and students, and the community members living or working in the greater Chicago area.*



## **Policies around attendance:**

ALL new clients must physically come to the clinic for their intake appointment, due to the nature of the training clinic and to ensure client wellbeing. OAPS encourages all clients to attend sessions in person whenever possible.

## **Therapy Services**

Using cognitive-behavioral therapy (CBT), motivational interviewing, dialectical-behavior therapy (DBT), acceptance and commitment therapy (ACT), and other evidence-based practices (EBP), OAPS offers therapy for adults, children, families, couples, and folks on the LGBTQ+ spectrum. Therapy is available for a broad range of problems, including depression, anxiety (panic, social anxiety, phobias), OCD, trauma/ PTSD, substance use problems, grief, ADHD, personality disorders, adjustment difficulties, and relationship issues.



## **Assessment Services**

OAPS clinicians assess children and adults experiencing difficulties in school or work, challenges in daily living, problems with thinking, and uncertainty in making career decisions. We offer both initial and re-evaluations for specific learning disabilities, intellectual disabilities, attention deficit/hyperactivity disorder (ADHD), and emotional and behavioral problems.



## **Fees**

Fees are set with a sliding scale based on income. Current UIC students pay \$15 /session.

We can provide an invoice to the client with date of service, service provided, and fee, but we do not provide billing codes or fill out insurance-based forms.

## **Clinicians**

Clinicians at OAPS are advanced graduate students in UIC's PhD Program in Clinical Psychology, which is accredited by the American Psychological Association. Graduate students are supervised by licensed clinical psychologists.

## **Primary Clinical Supervisors**

Jenna Rowen Szerszen, Ph.D. - Director  
Jasmin Searcy-Pate, Ph.D. - Associate Director

Kathryn Lawton, Ph.D. - Director of Assessment Services

Briahna Yuodsnukis, Ph.D. - Clinical Assistant Professor