

Contacting OAPS

To make an appointment, please call us at (312) 996-2540. When calling OAPS for the first time, please dial “2” during the introduction to leave a message in the new client voicemail box. Your call will be returned within 1- 2 business days. Normal business hours are Monday–Thursday, 9:00 a.m.–5:00 p.m. If you would like more information about our clinic, please visit us at <http://psch.uic.edu> (click on OAPS Clinic).

Getting to UIC

By Car:

Paid parking is available at UIC lots.

- ▶ *From the north:* Take the Kennedy Expressway (I-90/94) eastbound and keep to the right; take the Adams exit and go west to Morgan St and then south to Harrison St.
- ▶ *From the west:* Take the (I-290) Eisenhower Expressway to the Racine Ave exit and go south on Racine to Harrison St.
- ▶ *From the east:* Take Harrison St or Roosevelt Rd: if you take Roosevelt Rd, go west to Halsted St and turn north to Harrison St.
- ▶ *From the south:* Take the Dan Ryan Expressway (I-90/94) and exit on Roosevelt Rd (1200 south); go west on Roosevelt Rd to Halsted St. then go north on Halsted St to Harrison St.

By Bus:

- ▶ CTA bus lines serving campus include the 7-Harrison, 8-Halsted, 9-Ashland, 12-Roosevelt, 60-Blue Island/26th, and 157-Streeterville/Taylor.

By Train:

- ▶ UIC is served by the CTA Blue Line (UIC-Halsted and Racine stops). The 7 and 60 buses connect commuter rail hubs to the campus. The 60 bus connects with Ogilvie Transportation Center and Union Station, and the 7 bus connects with Union Station.

OAPS CLINIC

**Department of Psychology (MC 285)
3011A Behavioral Sciences Building
1007 West Harrison Street
Chicago, Illinois 60607-7137**



OFFICE OF APPLIED PSYCHOLOGICAL SERVICES



Department of Psychology (MC285)
3011A Behavioral Sciences Building
1007 West Harrison Street
Chicago, Illinois 60607-7137
Intakes: 312-996-2540
Fax: 312-413-7841
<https://psch.uic.edu> (Click on OAPS Clinic)

The Office of Applied Psychological Services

The Office of Applied Psychological Services (OAPS) is the clinic within the Department of Psychology at the University of Illinois at Chicago (UIC). We offer evidence-based therapy and assessment services. We serve the people living or working in the greater Chicago area, in addition to faculty, staff, and students in the UIC community.

COVID-19 Policies

All new clients must come to the clinic for their intake appointment due to the nature of the training clinic and to ensure their wellbeing. After the first appointment, clients will have flexibility in contact-free treatment options. Clients receive access to a confidential portal to complete intake documents prior to the appointment. All clients must complete a health screen at least one hour prior to their appointment. New clients experiencing symptoms will have their appointment rescheduled; current clients experiencing symptoms can have telehealth therapy.

Protective face coverings, hand washing upon entry, and maintaining 6 feet of distance are required in the building.

Therapy Services

Using cognitive-behavioral therapy (CBT), acceptance and commitment therapy (ACT), motivational interviewing, dialectical-behavior therapy (DBT), and other evidence-based practices (EBP), OAPS offers therapy for adults, children, families, couples, and groups. Therapy is available for a broad range of problems, including depression, anxiety (panic, social anxiety, phobias), OCD, trauma/ PTSD, substance use problems, grief, ADHD, personality disorders, adjustment difficulties, and relationship issues.

Assessment Services

OAPS clinicians assess children and adults experiencing difficulties in school or work, challenges in daily living, problems with thinking, and uncertainty in making career decisions. We offer both initial and re-evaluations for specific learning disabilities, intellectual disabilities, attention deficit/hyperactivity disorder (ADHD), and emotional and behavioral problems.



Fees

Fees are set with a sliding scale based on income. Current UIC students pay \$15/session.

Clinicians

Clinicians at OAPS are advanced graduate students in UIC's PhD Program in Clinical Psychology, which is accredited by the American Psychological Association. Graduate students are supervised by licensed clinical psychologists.

Clinic Staff

Director: Jenna Rowen, Ph.D.
Assistant Director: Danielle Baran, Ph.D.
Clinical Assistant Professor: Grace Giedgowd, Ph.D.
Clinic Assistant: Tayler Jones, M.A.
Clinic Coordinator: Legertha Jackson